



The Importance of Continuing Training at Home

At BARK U, we work hard to provide your dog with the best training experience during their time with us. However, training doesn't stop when your dog leaves our facility! Dogs are always learning, and an important part of the training process is generalizing behaviors to other environments. Continuing reinforcement at home and in daily life with you is essential for maintaining progress, strengthening good behaviors, and ensuring long-term success.

Why is it Important to Reinforce Training at Home?

1. Reinforcement Builds Consistency

- Dogs learn best through repetition and consistency. Practicing cues at home helps generalize what they've learned with the trainers at BARK U and increases their ability in performing their skills with you.

2. Strengthens the Bond Between You and Your Dog

- Regular training reinforcement from their pet-parent(s) at home creates a positive relationship built on trust, leadership, and clear communication.

3. Prevents Regression

- Without continued practice, dogs may revert to old habits. Regular reinforcement keeps training fresh in their minds and maintains good behavior.

4. Applies Training to Real-Life Situations

- While your dog may perform well in a controlled training environment, practicing at home helps them adapt to real-world distractions and different situations.



Simple Ways to Continue Training at Home

- **Daily Practice:** Take at least 5–10 minutes a day to review cues and behaviors learned at BARK U.
- **Use Training in Everyday Situations:** Asking for known behaviors like ‘sit’ before meals, ‘wait’ before opening the door, or ‘come’ during playtime can help reinforce their skills.
- **Reward Good Behavior:** Rewarding behaviors can be done with anything that your dog enjoys and wants more of! This can include treats, praise, toys, and affection to encourage continued success.
- **Stay Consistent:** Make sure all family members and people who regularly spend time with your dog use the same cues and have matching expectations to avoid confusion.
- **Keep Training Fun:** Short, positive sessions ensure that training remains engaging and enjoyable for both you and your dog.

Need Help? We're Here for You!

If you have questions or need additional guidance, don't hesitate to reach out! Our trainers are happy to provide support and recommendations to keep your dog on the right track.

BARK U - Where Training and Fun Come Together!

