



## BARK U Training Guide: Recommended Training Toys



At BARK U, we understand that the right toys play a crucial role in supporting your dog's training and overall well-being. Whether you're working on impulse control, redirecting chewing behaviors, or encouraging mental stimulation, using high-quality, durable toys can make all the difference. We've curated a list of recommended toys to suit various training needs, ages, and chew strengths, so you can find the perfect match for your dog.

### Goughnuts

Goughnuts toys are perfect for strong chewers who need durable options. Made with virtually indestructible rubber, these toys are ideal for dogs with aggressive chewing habits.

- **Pro 50 Ring**
  - Best for: Dogs with extreme chewing power. The ring shape is great for redirecting chewing away from household items while providing a safe, long-lasting outlet.
- **Pro 50 Stick**
  - Best for: Power chewers who love a stick-shaped toy. Perfect for interactive play like fetch or solo chewing sessions.
- **Black Ball Toy**
  - Best for: High-energy dogs who enjoy fetch or need a sturdy ball for chewing. Great for both indoor and outdoor play.
- **Tug**
  - Best for: Interactive play and training impulse control. Suitable for dogs who enjoy tug-of-war and need an outlet for excess energy.



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- **Kanolli**
  - Best for: Filling with treats or peanut butter for mental stimulation. Ideal for dogs who benefit from a challenge during training sessions.

## Westpaw

Westpaw toys are versatile and designed for moderate to strong chewers. They come in various shapes and styles to suit different training and play needs.

- **Rumpus Chew Toy**
  - Best for: Moderate chewers who need a durable option for quiet chewing time.
- **Hurley Dog Bone**
  - Best for: Dogs who love fetch and chewing. Its bone shape makes it easy to toss and carry.
- **Jive Dog Ball**
  - Best for: High-energy dogs who love to chase and chew. Perfect for fetch games.
- **Qwizl Treat Toy**
  - Best for: Mental stimulation. Great for stuffing with treats to keep your dog entertained during downtime.
- **Tux Treat Toy**
  - Best for: Dogs who need a challenge. Ideal for freezing treats for longer engagement.
- **Zwig**
  - Best for: Tug and fetch games. Designed for interactive play with moderate chewers.





## Kong

### For Puppies Over 6 Months

Kong's durable options for power chewers are excellent for redirecting energy and curbing destructive chewing.

- **Extreme Toys for Power Chewers**
  - Best for: Dogs with strong jaws. These toys can withstand rough play and chewing.
- **CoreStrength Toys**
  - Best for: Long-lasting chewing sessions and maintaining dental health.

### For All Ages

Kong's versatile designs suit a wide range of training needs and chewing preferences.

- **Ring Dog Toy**
  - Best for: Interactive play and encouraging chewing behavior. The ring design is easy to grip for both dogs and owners.

## Outward Hound

Outward Hound toys combine durability with mental stimulation, making them great for keeping dogs entertained during training or playtime.

- **Orbee-Tuff Snoop Treat Dispensing Tough Dog Chew Toy**
  - Best for: Mental stimulation and slow feeding. Perfect for dogs who need a challenge to keep busy.



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- **Firehose Squeak N Fetch Dog Toy**
  - Best for: High-energy dogs who love squeaky toys and fetch games. Built for durability and interactive play.
- **Orbee-Tuff Carrot Treat Dispensing Tough Dog Chew Toy**
  - Best for: Training focus and mental engagement. Great for stuffing with treats or kibble.

## Nylabone

### For Puppies: Pre-Teething

Nylabone toys are specifically designed for puppies who are teething and need gentle, soothing options for their developing jaws.

- **Puppy Ball**
  - Best for: Light chewers who enjoy rolling and chewing small toys.
- **Puppy Chew X Bone Chew Toy**
  - Best for: Teething puppies. The textured design helps massage gums and soothe discomfort.
- **Puppy Toy Giggle Ball**
  - Best for: Encouraging playful engagement with a soft, giggling sound.
- **Puppy Chew Freezer Dog Toy**
  - Best for: Teething puppies who need cooling relief. Freeze for extra gum-soothing benefits.
- **Puppy Chew Spin Tug & Play Toy**
  - Best for: Puppies who love interactive tug play and light chewing.





- **Puppy Bent Bone**
  - Best for: Soothing gums during teething. Lightweight and easy for puppies to carry.

## Conclusion

Toys are not just for fun—they're vital tools for your dog's physical and mental stimulation, training progress, and overall happiness. By choosing high-quality toys tailored to your dog's age, size, and chewing style, you're setting them up for success. Whether it's managing energy, curbing destructive behaviors, or simply keeping your dog entertained, the right toys make all the difference. If you have questions about which toys are best for your dog, don't hesitate to ask—we're here to help!



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